Relax the body & calm the mind

Cynergy Spa Menu

87 Fort Greene Place | Brooklyn, NY 11217 Phone: 718.403.9242 | Fax: 718.403.9274

Skin Care

Rain Forest Facial \$110

This cleansing and balancing facial will bring a healthy glow to your skin.

Cynergy Deep Cleansing Facial \$135

This thorough, stimulating, and therapeutic facial includes cleansing, massage, exfoliation, steaming and extractions and a treatment mask.

Glycolic Facial \$135

This rapid exfoliating treatment accelerates the removal of surface skin cells and is excellent for controlling breakouts. A program of six treatments is recommended.

The Gentleman's Facial \$135

The facial customized for his skin care needs. This relaxing facial will soothe the skin, minimize the effects of razor irritation and leave the skin glowing with health and vitality.

Bacial (Back Facial) \$135

Experience the Cynergy Facial on an often-neglected body part - your back.

Depigmenting \$135

For the removal of dark spots, includes exfoliation, cleansing and skin treatment mask. Best results if done in a series.

Hydrating Facial \$135

This exceptionally nourishing facial is recommended for dry and dehydrated skin types and also designed to smooth the appearance of fine lines and wrinkles.

Cynergy Ultimate Facial (approx. 80 mins) \$175

One of the most enjoyable treatments. This is a facial, back massage, and body treatment combo. The upper back and shoulders are massaged and then mud is applied to the spine for a mini-detox. The treatment is completed with an hour facial tailored to one's skin type.

Body Care

Neck, Shoulder and Back Massage \$110

Upper body massage concentrating on the neck and shoulder using medium to heavy touch depending on your preference.

Back to Nature Body Massage \$118/\$170

A relaxing, therapeutic Swedish massage, using long strokes to increase circulation, boost energy levels by increasing endorphins, fostering emotional well-being. (55/90 mins) **Ask about our couple's side-by-side massages!

Prenatal Massage (55 mins) \$130

Mummy-To-Be, this massage is guaranteed to relax and soothe the mind and body while improving circulation and relieving fatigue. Be comfortable in your new body.

Ancestral Aromatherapy Massage \$125/\$180

A massage that kneads your muscles until they seem to melt while eliminating waste and toxins from your body! Senses are heightened with essential oils used during the massage. (55/90 mins)

Urban Oasis Sports Massage \$130/\$190

An invigorating deep tissue, full body massage to increase circulation, bringing oxygen, and nutrients to tissues. This fosters tissue repair, speeding the healing of injuries or wounds. (55/90 mins)

Stone Massage (55 mins) \$145

During this wonderful calming massage, warm stones are strategically placed on the body to warm, soothe and relax.

Body Treatment

Body Polish \$125

Removes dead skin and gives your body a warm glow.

De Islands' Brown Sugar Scrub \$130

If you prefer a more aggressive exfoliation then try this brown sugar scrub formulated with omega oils and botanical extracts.

Sea Salt Body Scrub \$150

A complete body exfoliation, using Dead Sea salt, followed by application of a soothing light skin hydrator.

Seaweed and Mud Body Treatment \$155

A detoxifying and revitalizing experience using nutrientrich seaweed with mud. A thermal body wrap to pamper, condition and renew.

Body treatments are conducted for approximately one hour. Prices do not include tax or gratuity (suggested gratuity 15-20%).

Hands & Feet

Sea Salt Scrub & Massage

Hands \$28 Feet \$35

Hands and feet are soaked in petals and salts then exfoliated with Cynergy's sea salt scrub. A massage with fragrant emollients follows.

Paraffin Dip (add-on treatment)

Hands \$15 Feet \$20

Waxing:

Eyebrow \$20 Lip & Chin \$12

Swimsuit \$30 High Bikini \$45

Half leg \$40 Full leg \$75

Spa Packages

The Great Escape \$199

A 40-minute massage or Express Body Polish and a 30-minute Rain Forest Facial with a sea-salt hand scrub with massage. A great little treat!

Sugar n' Spice \$230

Dream of the islands with our brown sugar scrub and be lulled into sweet dreams with a full body massage using our specially blended oils.

Simple Pleasures \$230

Includes any \$125 facial, a choice between the 55-minute Back to Nature Massage (Swedish technique) or the Urban Oasis Sports Massage (deep tissue) and a sea salt hand scrub with massage. Simple pleasures, simply pleasing!

The Great Escape Deluxe \$250

A 40-minute massage or Express Body Polish and a 30-minute Rain Forest Facial with a sea-salt hand scrub, hand and foot massage, and paraffin dip. The perfect sampler package!

Couple's Special \$360

The ultimate romantic interlude for two. Relax in the Jacuzzi for 20 minutes, and then enjoy side by side massages followed by champagne, strawberries, and chocolate.

Ultimate Escape \$365

Includes any \$125 facial, a choice between the Back to Nature Massage (Swedish Technique) or the Urban Oasis Sports Massage (deep tissue), a sea salt hand scrub and foot scrub with hand and foot paraffin dip. You will also be served a delightful spa lunch.

Birthday Package \$395

A delightful rose petal soak followed by a 55-minute aromatherapy massage, one hour facial, hand and foot treatment with paraffin and a delicious champagne spa lunch Prepare to spend the day at the spa with this package.

Spa Packages

Bronze Oval Package \$460

Includes all the amenities of an Ultimate Escape Package, plus a choice of body treatment, crudities and champagne all day.

Golden Oval Package \$600

Includes all the amenities of the Birthday Package, plus a choice of body treatment, crudities and champagne all day.